

Iola-Scandinavia High School

2011-2012

ATHLETIC

Code and Policy

Athletic Director: Walt Kobs

H.S. Principal: Sara Anderson

District Admin.: Joe Price

IOLA-SCANDINAVIA EXTRACURRICULAR ACTIVITIES

PART ONE

A. Expectations and/or Communications Parents Should Expect from Iola-Scandinavia Coaches.

1. The expectations the coach (es) has for their child and all team members.
2. Locations and times of all practices.
3. Team requirements, fees (if any), special equipment needed, game day dress, excused/unexcused absences, and the consequences for missing practices or contests.
4. Academic requirements to be athletically eligible (I-S Code and WIAA) as well as WIAA information on banned and prohibited substances.
5. Team rules. What are the rules, if any, beyond what is set forth in the I-S Athletic Code.
6. Lettering requirements.
7. Good leadership in the areas of sportsmanship, appropriate language and the promotion of health and safety.
8. Well planned practices.

B. Expectations and/or Communications Iola-Scandinavia Coaches Should Expect from the Parents and Athletes.

1. Notification of any schedule conflicts in advance of the season (i.e. vacations).
2. Special concerns regarding coaching expectations.
3. Support for the Iola-Scandinavia Athletic Code and all team rules.
4. Encouragement of the athlete to speak with the coach or coaching staff if the athlete has a concern.
5. Support for all team members and the coaching staff.
6. Positive support at contests for their son/daughter, their teammates and the coaching staff.
7. Good sportsmanship and appropriate language by the athlete and parents at contests.
8. A great work ethic at practice.

C. Appropriate Concerns An Athlete/Parent May Address With Iola-Scandinavia Coaching Staff.

1. Treatment of the athlete mentally and physically.
2. Ways to help the athlete improve his/her performance and skill level.
3. Concerns about the athlete's behavior in school/practice/contests.

D. Areas That Are Not Appropriate For Parents To Discuss With Iola-Scandinavia Coaching Staff.

1. An individual's playing time.
2. Team strategy.
3. Play selection.
4. The make-up of the teams that are playing.
5. Other members of the team.
6. Other parents and other coaches.

E. The Proper Method To Address A Concern*

Step One: The athlete speaks with the coach or coaching staff as the sport dictates.

Step Two: Ask for a conference with the coach.

Step Three:

- a. If the conference between the parent and coach does not solve the concern, there will be a meeting set up by the Athletic Director and/or Principal. The Athletic Director and/or Principal will moderate the conference.
- b. The conference will deal with specific issues. Both parties will be allowed to speak and will be uninterrupted. It will be a non-threatening environment.

*** Violations of the Iola-Scandinavia Athletic Code and Policy are dealt with in a different manner as delineated on page 5.**

PART TWO

Philosophy:

The Iola-Scandinavia Middle School and High School extracurricular program is designed to provide students with valuable skill development, teamwork and a fun experience that goes beyond the academic realm. In order to retain the privilege of participating in these programs, students are expected to exhibit respectable character and responsible conduct.

At I-S, we believe that students must be willing to accept reasonable rules and regulations or be willing to accept the consequences for not doing so.

Our extracurricular policies are based on this philosophy. Our athletic policies are closely inline with the regulations set forth by the Wisconsin Interscholastic Athletic Association.

The School District of Iola-Scandinavia does not discriminate in provision or usage of facilities or providing the opportunity for participation in athletic programs or activities on the basis of sex, race, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional or learning disability or handicap.

Physical Examination and Parental Permission:

A student may not practice for or participate in interscholastic athletics until the school has written evidence on file in its office attesting to (a) parental permission each school year, (b) signatures indicating the athletic code has been read and understood each year and (c) current physical fitness to participate in sports as determined by a licensed physician, physician's assistant or Advanced Practice Nurse Prescriber (APNP) no less than every other school year with April 1 the earliest date of examination. Physical examination taken April 1 and thereafter is valid for the following two school years; physical examination taken before April 1 is valid only for remainder of that school year and the following school year. An alternate year card must be on file for years a physical is not required.

Attendance and Participation in Extracurricular Activities:

A student must be in attendance at school all day, periods 1 through 8 (and homeroom for middle school students), on the day of the activity in order to participate. Participants are also expected to be in school all day on the day following a contest. Exceptions may be granted only by the Principal via a prearranged absence plan or in cases of unforeseen emergencies. Violations will result in a one contest suspension.

Students who are ill during the school day may not participate in after school practice or activity on the day of their illness.

All participants are expected to be present for all practices (exceptions include religion classes, approved preplanned absences, school sponsored activities, funerals etc.).

Transportation for Extracurricular Events:

All students riding a bus to an event will be expected to return to Iola on the bus after the event. If a parent needs to pick their son or daughter up at the conclusion and locale of the event, they must stop at the school and sign an authorization at least one day prior to the event. This must be approved by the building principal and must be a viable excuse other than just returning to Iola. Coaches/Advisors/Instructors are not expected to make such arrangements at, during, or after the event. Violations may result in contest suspension.

WIAA Scholastic Eligibility:

A student is eligible for interscholastic competition at a member school if he/she enrolled as a full-time student of a public or nonpublic member school. A full-time student is defined as a student where the member school is responsible for programming 100% of the student's school day. The student is eligible for like or similar awards, privileges and services as all other students and meets all obligations and responsibilities as other students, without exception.

Academic Eligibility:

A student must meet school and DPI requirements defining a full-time student and have received no more than one failing grade (including Incompletes) in the most recent grade-reporting period.

1. A student who becomes academically ineligible may regain eligibility by meeting the academic standard following a period of 15 school days and nights of ineligibility.
2. A student regains eligibility immediately if Incompletes are made up within two weeks after a grade-reporting period.
3. A student who is ineligible for a minimum of 15 scheduled school days, under provisions of this Section, may not return to competition until the school day following the 15-day ineligibility period.
4. The ineligibility status described above will be adjusted as follows for students in fall sports in which the date of earliest allowed competition is before the first day students are in class: The minimum ineligibility period shall be the lesser of (1) 21 consecutive calendar days beginning with the date of the earliest allowed competition in the sport or (2) one-third of the maximum number of games/meets allowed in a sport (rounded up if one-third results in a fraction).

In addition to the WIAA Academic requirements, I-S students will follow these rules regarding grades:

1. One grade report "F" will result in a minimum one-contest suspension from participation. The student will remain ineligible until they secure a note from the teacher stating that they are now doing passing work in the course.
2. An "F" grade at the end of the semester in which the concerned class has concluded will result in a one contest suspension from competition.

General Rules Regarding Conduct, Academics and Attendance:

As a member of the WIAA we must follow the rules and regulations of the WIAA as well as established rules and penalties for violation of the rules of the WIAA and our school. The following is a set of rules and penalties that all athletes must follow at Iola-Scandinavia. Individual coaches may have further training rules regarding their individual sports.

All training rules and penalties are enforced on a 12-month basis. Rules that do not have a specific penalty stated will be dealt with on an individual basis by the individual coach or the extracurricular council depending on the severity of the offense.

Any student athlete who is suspended from school for any reason and for any length of time will automatically sit out a minimum of one contest, whether in season or not. If in-between seasons, the consequences will carry over to the next participating season. The contest mentioned above does not have to fall on or within the days of suspension.

Training and Conduct Rules:

Student-athletes at Iola-Scandinavia High School are prohibited from:

1. Use or possession of alcohol (or look-alikes).
2. Use or possession of tobacco (or look-alikes).
3. Use, possession, buying or selling of controlled substances (or look-alikes).
4. Being in a bar or at a party where alcoholic beverages are being served without direct supervision of his/her parent or legal guardian.
5. Unlawful acts (stealing, vandalism, etc.).
6. Being disrespectful toward authority.
7. Unacceptable conduct contrary to the ideals, principles and standards of the school and the WIAA.
8. Poor sportsmanship.

Violations of 1-4 above are subject to the following minimum suspensions:

1. Football, Cross County - 2 (two) contest suspension.
 2. Golf, Volleyball - 3 (three) contest suspension.
 3. Hockey, Softball, Track - 4 (four) contest suspension
 4. Baseball, Basketball - 5 (five) matches/contests.
- Violation of items 5-7 above will result in a minimum one contest suspension.

If a student denies violating conduct provisions of the athletic code, the school will provide an opportunity for the student to be heard prior to any penalty being enforced.

Athletic code violations will be dealt with, and consequences applied, in chronological order.

Consequences for Repeated Violations:

On the second violation of one of the Training and Conduct Rules, the consequences will be doubled. A third violation may result in suspension from extracurricular activities for one year, and a fourth violation may lead to the student's permanent suspension from extracurriculars. Note: A contest is an interscholastic game, meet, or match, not including scrimmages.

Appeal of Suspension:

The student participant may challenge consequence decisions by appealing to the Extracurricular Council via written letter according to the following process. Students wishing to appeal a decision must do so within 5 calendar days. During the appeal process, however, or until the Extracurricular Council overrules, decision will stand.

Extracurricular Council:

The purpose of the Extracurricular Council is to hear cases of appeal from students who wish to challenge disciplinary action regarding athletic eligibility.

Members include:

The Principal
The Counselor
The Student with at least one parent/guardian
The Athletic Director
The Student Council President
All Middle/High School Coaches

Guidelines:

1. The council shall meet within 5 days of receiving a written appeal.
2. The student making the appeal must be present.
3. All parties concerned will have the opportunity to present their cases.
4. The council's decision will be made known immediately.

Athletic Activities Available:

Baseball (High School Only)
Basketball
Cheerleading (High School Only)
Cross Country
Football
Golf (High School Only)
Hockey (High School Only)
Softball (High School Only)
Track
Volleyball

WIAA Rules At A Glance: Please refer to the WIAA website or handbook for a complete copy of all WIAA rules and regulations.

Age - A student-athlete must be under nineteen (19) years of age on the August 1 which precedes the start of the school year.

Academics - A student must be a full time student as defined by school and DPI requirements.

Residence and Transfer- Determining Residence for Public School Students

A. A full time student, whether an adult or not, is eligible for varsity interscholastic competition only at the school within whose attendance boundaries his/her parents reside, within a given school district, with these additional provisions:

1. Board of Education approved full-time student(s), paying their own tuition and residing full time with parents in their primary residence shall be afforded eligibility.
2. The residence of a student's guardians shall determine eligibility in cases where both parents of a student are deceased. The execution of guardianship papers in situations where one or both parents are living does not by itself make a student eligible.
3. In the event of a divorce or legal separation, whether pending or final, a student's residence at the beginning of the school year shall determine eligibility except in situations involving transfer after the fourth consecutive semester following entry into Grade 9. For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year.' Under this rule, a student who transfers after the beginning of the school year shall be ineligible at the new school unless approval is granted by the Board of Control in accordance with the transfer and/or waiver provisions as described in Sections 3 and/or 5 of this Article.
4. A student whose tuition is paid by the school within whose attendance boundaries parents reside or by the state and is enrolled in a district approved program may be eligible at either school (first priority to school of residence) but (a) may not participate at both schools in the same year and (b) academic ineligibility accompanies student upon transfer. The Board of Control may waive the requirements of this Section, upon request, for documented reasons of extenuating circumstances.
5. Except in situations involving transfer after a student's fourth consecutive semester, a student whose tuition is paid by the school within whose attendance boundaries parents reside or by the state or who is participating full time in a legislated open enrollment option must meet all statutory timeline requirements. This Section extends the opportunity to decline attendance at the new school and continue at his/her school of residence. If the student begins the school year at the new school and then transfers back to school of residence after attending one or more days of school or one or more athletic practices, he/she shall be subject to transfer provisions as outlined in Section 3 of this Article.
6. A student who has been in attendance in a school district for at least one complete school year prior to reaching Grade 9 and has not broken enrollment during that time is eligible in that school district upon entering Grade 9.
7. Duly enrolled full-time students in special state and county supported schools and in public and nonpublic member residential schools as defined in Article III of the WIAA Constitution are not bound by the residence requirements.
8. Students placed in foster homes, group homes, etc., by area social services agencies are considered the same as students residing with parents.
9. A student may continue being eligible in the same school even though parent(s) and/or student move from within that school's attendance boundaries, provided enrollment is continuous (unbroken in that school).

10. Except in situations involving transfer after a student's fourth consecutive semester, the Board of Education (School District) shall determine school assignment of a student in a district which maintains (a) more than one school of the same grades or (b) a special school so designated by the Board of Education (School District).

B. Except in situations involving transfer after a student's fourth consecutive semester, a full time student whose residence in a given district and attendance at a member school does not conform with any of the provisions outlined in Section 1-A above shall be eligible for non-varsity competition only, for one calendar year, unless a waiver is provided as outlined in Section 5 of this Article.

Transfers

A full time student may be afforded up to eight consecutive semesters of interscholastic eligibility upon entry into Grade 9. Transferring schools at any time may result in restrictions being imposed on eligibility or in some cases a denial of eligibility. For the purpose of this rule, attendance at one day of school and/or attendance at one athletic practice shall determine 'beginning of school year.' These additional provisions relate to transfer cases:

1) A student who transfers from any school into a member school after the fourth consecutive semester following entry into Grade 9 shall be eligible for practice but ineligible to competition for one calendar year, unless the transfer is made necessary by a total change in residence by parent(s). The calendar year (365 days) will be determined from a student's first day of attendance at the new school.

2) Open enrolled and/or tuition paying students entering 9th and/or 10th grade at the beginning of the school year and who are within the first four consecutive semesters of high school will be afforded unrestricted eligibility provided all other rules governing student eligibility are met.

3) Open enrolled and/or tuition paying students entering 11th and/or 12th grade as transfer students are ineligible to practice and/or compete for one calendar year.

4) 9th grade students who transfer after the beginning of the school year and with written consent from both schools directly involved may be provided non-varsity opportunities for the remainder of the school year. Restrictions are removed upon entering 10th grade.

5) 10th grade students who transfer after the beginning of the school year and with written consent from both schools directly involved may be provided non-varsity opportunities for one calendar year (365 days beginning with first day of attendance at the new school).

6) In the event of divorce or legal separation, whether pending or final, residence at the beginning of the school year shall determine eligibility for students entering 9th and/or 10th grade. In situations involving transfer after the fourth consecutive semester following entry into grade 9 the student is ineligible to practice and compete for one calendar year.

7) District policies with respect to intra-district transfer do not supersede WIAA transfer rules in situations involving post-4th semester transfers. Intra-district transfers occurring after the fourth consecutive semester following entry into grade 9 result in the student being ineligible for practice and competition for one calendar year (365 days beginning with first day of attendance at the new school).

8) Unless transfer, including an accompanying change of parents' residence, is effective at the outset of a semester, a student cannot establish eligibility at his/her new school until the fifth calendar day of such transfer.

9) If within the first four consecutive semesters following entry into grade 9, a student who transfers more than once in any given school year shall be ineligible for all interscholastic competition for the remainder of that current school year and will be eligible for non-varsity opportunities only for the balance of one calendar year. In situations

involving transfer after the fourth consecutive semester following entry into grade 9 the student is ineligible to practice and compete for one calendar year.

10) A student may not have eligibility in more than one member school at the same time. A parent or parents who move from a primary residence within one school's attendance boundaries, to a secondary residence within another school's attendance boundaries, may be required by the Board of Control to provide evidence of a total move.

11) A student who transfers from any school, whether or not a member school, with a status of ineligibility for disciplinary reasons, academic reasons and/or as a result of another State Association's regulation or sanction, retains such status at his/her new school for the same period as decreed by the former school.

12) No eligibility will be granted for a student whose residence within a school's attendance boundaries, with or without parents, or whose attendance at a school has been the result of undue influence (special consideration due to athletic ability or potential) on the part of any person, whether or not connected with the school.

Foreign Exchange Students

WIAA rules allow for one year of eligibility for foreign students participating in exchange programs. Eligibility is not automatic, however, and schools must fill out a request for foreign student eligibility. These students are required to meet existing WIAA rules in areas other than residence. All foreign students must have a physical conducted in the United States prior to participating in practice or competition at a member school.

The WIAA approves eligibility for more than 800 foreign students each year. The majority of these students are in programs that are approved by the Council on Standards for International Educational Travel (CSIET); however, a small number of students come in non-CSIET approved programs. The WIAA is a member of CSIET and relies heavily on CSIET's evaluation of foreign exchange programs. The CSIET evaluation process, leading to a program being CSIET approved, helps to assure that foreign students are coming into member schools within acceptable guidelines. In order for foreign students to be granted varsity eligibility, they must come through a CSIET approved program with full listing status, which is updated yearly. (SEE LISTING BELOW)

There are a limited number of foreign students that come into our schools without benefit of any exchange program. These students are treated the same as a domestic transfer without an accompanying move by parents. This means that these situations can be reviewed on a case-by-case basis; however, if there is no parental move in progress or any extenuating circumstances, varsity eligibility cannot be achieved. These students are provided non-varsity eligibility only.

Training and Conduct: A student-athlete must follow the school's code of conduct (training rules) on a year-round basis.

1. A student athlete who violates the school's code of conduct during the season of a sport (start of practice to final game) must be suspended from competition for a period of time specified in the code if the violation involves (a) use of alcohol, (b) use, including chewing, of tobacco and (c) use, possession, buying or selling of controlled substances.

2. A student athlete who violates the school's code of conduct at times other than during the actual season of a sport must be disciplined by the school, the nature of such discipline to be determined by the school as indicated in its code of conduct.

3. A student athlete who violates any part of the school or WIAA's code of conduct during the course of WIAA sponsored tournament competition must be immediately declared ineligible for the remainder of tournament series in that sport. Athletes who are ineligible during the WIAA Tournament (for any reason) may not appear in uniform, participate in warm-ups, and may not participate in the awards ceremony at the WIAA Tournament.

4. A student who transfers from any school, whether or not a member school, with a status of ineligibility for disciplinary reasons and/or as a result of another State Association regulation or sanction retains such status at his/her new school for the same period as decreed by the former school.

Amateur Status: A student-athlete must be an amateur in order to be eligible for school athletics. A student shall be determined to be in violation if he/she:

1. Accepts, receives and/or directs to another, reimbursement or award in any form of (a) salary, (b) cash, (c) merchandise of any kind or amount or (d) share of game or season proceeds, for achievement in athletics.
 - a. Actual and necessary reimbursement for transportation, food, and lodging paid in connection with playing a contest shall not be regarded as a violation.
 - b. A student may receive an award which is symbolic (non-merchandise) in nature such as trophies, medals, ribbons, event T-shirts, event hats, game balls, or other items of no intrinsic/utilitarian value. A student may not receive such merchandise items as shirts, jackets, sweaters, sweatshirts, jerseys, warm-ups, equipment, balls, duffel bags, backpacks, watches, rings, billfolds, coupons, gift certificates, etc., regardless of their value. (See Bylaws, Article XI –Awards)
 - c. A school may allow a student to retain items of practice and playing uniforms which, for reasons of hygiene, obsolescence, deterioration, etc., will not be passed on to another student.
2. Signs a contract or agreement for services as a participating athlete.
 - a. A student may be employed (but not self-employed) on a part-time basis as an instructor on the playgrounds, game official, lifeguard, etc.
 - b. This rule shall not prevent a student from signing (a) an agreement which binds him/her to play only for a particular team or (b) an athletic tender with a university or college.
3. Receives compensation or benefit, directly or indirectly, for the use of name, picture, and/or personal appearance, as an athlete. This includes but is not limited to: receiving free and/or reduced rates on equipment, apparel, camps/clinics/instruction and competitive opportunities that are not identical for all other participants.
4. Is identified as an athlete, provides endorsement as an athlete, or appears as an athlete, in the promotion of a commercial/advertisement and/or profit-making event, item, plan or service.
- 5) Plays in any contest (school or non-school) under a name other than his/her own name.

Sports Activities Outside of School

A student-athlete in a given sport may not participate in that same sport in activities outside of school either as a team member or an individual or independent entry during the same time as participating with the school team.

1. Before and/or after the school season of a sport, a student-athlete may participate in activities outside of school in that same sport with these restrictions:
 - a. A student-athlete must not participate in an all-star game or similar contest except for summertime activities (a) within the same league (e.g. softball game between divisions of same league) or (b) in which a team is selected to represent a league in post-season play (e.g. Babe Ruth league team).
 - b. A student-athlete must not participate before or after the school season of a sport in programs, activities, camps, clinics, etc., in that same sport which is limited to individuals who are likely to be candidates for the school team in that sport in the following season.

2. It is not permissible for any person or organization, except the student or parents, to pay 100% of the cost or fee of any kind of non-school activity involving specialized training or similar instruction. Schools are reminded that free and/or reduced rate opportunities afforded to select individuals can impact on amateur status.

Note: This provision shall not prevent a school from covering the costs of team participation in a clinic or similar activity during the season of a sport and/or unrestricted summer contact days.

3. A student-athlete may not be instructed except during the school season of a sport by the person who will be coach in that sport in the following season. The sports of baseball, cross country, golf, gymnastics, softball, swimming, tennis, and track and field are exempt from this rule BUT only (a) during the summer months and (b) if the program involved is not limited to individuals who are likely to be candidates for the school team in that sport in the following season.

4. A student must discontinue summertime participation in non-school programs prior to the first day of the school's official opening day of practice in the same sport.

Coaches and Coaching Conduct

Coaches may not have coaching contact with any athletes they will be coaching the following school season during restricted times (except their own children). There is no distinction between varsity and J.V. coaches, i.e., J.V. coaches cannot coach varsity athletes during restricted times, and vice-versa, nor any distinction between paid and non-paid (volunteer) coaches. An exception is that varsity and J.V. coaches can have coaching contact with students who have just completed 8th grade or any preceding grade up until these 8th graders actually start their 9th grade year.

Coaching restrictions apply to all sports during the school year, except during the respective sport season. All sport coaches have five days of unrestricted coaching contact opportunity in the summer, between the end of school and July 31; the days do not need to be consecutive. The 5 contact days must be the same for all levels within a sport program. In addition, coaching restrictions do not apply in the summer beyond the 5 unrestricted days in the sports of baseball, cross country, golf, gymnastics, softball, swimming & diving, tennis, track & field and wrestling, the summer being defined as when school is not in normal session, provided such nonschool programs are not limited to students on the basis of school or team affiliation. Other than during the actual school season and as specifically approved in the summer, coaches may not have coaching contact with their athletes other than as listed above; including practicing or competing with athletes, driving athletes to nonschool competition, driving athletes to camps, clinics, etc., or having basically anything to do with the athletes' nonschool participation. Further, coaches may not:

1. Mandate athletes participate in nonschool competition, or determine who may or may not participate in nonschool activity.
2. Require involvement in out-of-season activities as part of the requirements for making a school team, earning a school letter award, etc.
3. Provide incentives such as T-shirts, etc., for participation in the off-season.

A school coach must always be present when an athlete is participating in interscholastic competition. It is not acceptable for parents, or others, to take the place of the coach at school sponsored competition, unless they meet WIAA coaching requirements and have the approval of the school administration. (RE – Art. I, Sect. 7 and Art. VI, Sect. 2)

Summertime Participation

A. It is the philosophy of the WIAA that while athletes should not be unreasonably restricted, except during the actual school season of a sport, no activity in which they are engaged during the school year should resemble in any way a school team practicing or competing out-of-season.

B. The one exception to A. above shall be in the summertime. Members of a school's team may voluntarily assemble with their teammates and coaches in the summertime for purposes of instruction and/or competition for up to 5 days (do not need to be consecutive) in all WIAA sports sponsored by the school, without restriction.

Note: Whether an opportunity is school sponsored or not, coach contact outside the actual school season may not exceed Board of Control approved contact days.

Other than during the actual school season and those days designated as unrestricted coach contact days in the summertime, the following provisions shall apply to nonschool participation in accordance with Section 2A above:

- 1) An acceptable nonschool program or activity is one which is not limited to students on the basis of a school affiliation, athletic experience, team status, etc.
- 2) There are no restrictions relative to voluntary assembling of students during the summer in excess of 5 days without school/coach involvement.
- 3) The person who will be coaching a student in the following school season shall not be permitted to coach that student other than during the designated school season and Board of Control approved coach contact days in the summertime.

Board of Control approved summertime coach contact is as follows:

- a. Coaches in all WIAA recognized sports (baseball, cross country, football, golf, gymnastics, softball, swimming & diving, tennis, track & field, volleyball, soccer, basketball, hockey and wrestling) have been afforded up to 5 days of unrestricted summertime coaching contact between the end of school and July 31, in accordance with the Bylaws and as described in item B of this section. The five days do not need to be consecutive.
 - b. Coaching contact beyond the five unrestricted days is permitted to continue throughout the summertime (when school is not in session) in the sports of baseball, cross country, golf, gymnastics, softball, swimming & diving, tennis, track & field and wrestling, in accordance with the Bylaws and as described in Section 2 – A and C-1) of this section.
 - c. This provision shall not prevent a coach from having supervisory responsibilities outside the designated season of a sport. Supervisory involvement, however, does not include situations like club team coaching (such as swimming & diving, except in summer), driving (or accompanying) student to competition or training (clinics, camps, etc.), conducting drills, throwing batting practice, running through plays, demonstrating techniques, or any other activity which could be regarded as coaching or instructing.
 - d. Coaches are allowed to recreate along with students in school sponsored open gyms which are purely recreational in nature.
 - e. Coaches are allowed to use some or all of their athletes, as clinicians, when conducting a clinic for youngsters who have just completed 8th grade on down. This may be done for a maximum of six days, during the summer (when school is not in session), and must conclude no later than July 31.
 - f. A member school is permitted to supervise conditioning programs under the open gym provisions, which may include weight lifting, speed, agility, fitness. The program must be limited to non-sport and non-sport-skill specific instruction. Basic 'instruction' e.g., safe lifting, safe spotting, training regimen and rationale, are permitted. No sport implements and/or sport specific movement/drills should be part of the open gym or weight room. These conditioning programs must be made known and accessible to all interested students and must be voluntary.
- 4) With approval of its governing body, a school may issue its own equipment, uniforms and other apparel for use by athletes in training or non-school competition in the summertime, at its own discretion.

Uniforms and Equipment

In the summertime, with approval of its governing body, a school may issue its own protective equipment, uniforms and other apparel for use by athletes in training or non-school competition at its own discretion. A school may issue sport implements at any time, at its own discretion.

Open Gyms

Coaches and schools cannot be involved in out-of-season practice for athletes. However open gyms do not violate WIAA rules if they are conducted according to the following guidelines:

1. The open gym is made known and available to all students in the designated population of that school that are interested in attending. Open gyms may be gender specific. It is also acceptable to include people from the

community. Schools may conduct “open gyms” in any activity. It is not acceptable to include athletes from another school, public or nonpublic.

2. There is no instruction during the open gym by a coach or anyone else.

3. Coaches may supervise open gyms, but they may not instruct, organize drills, etc. Coaches can also recreate with students in school sponsored, open gym settings that are purely recreational in nature, i.e., there is no instruction, sport skill demonstration, organized drills or resemblance of a practice being conducted.

4. There is no organized competition, such as established teams participating in round-robin competition, etc. “Open Gym” is not a code word for out-of-season practice. The philosophy of the open gym is students from that school may attend, for wholesome recreation, or for purposes of improving their skills, but it’s something they do on their own. It would be a violation of WIAA rules to mandate attendance at open gyms, or to provide incentives for athletes to attend open gyms, or to limit participation based on athletic status, or to allow athletes from other schools to come and work out or compete against the host school’s athletes. (BL – Art. II and RE – Art. VI, Sect. 2)

Scrimmages

WIAA rules limit the number of interscholastic (another high school, tech school, college, etc.) scrimmages/practices teams may have. Teams may practice/scrimmage with or against non-school groups (alumni, city team, etc.) at their discretion. Note: An alumni contest counts toward season maximums. (BL– Art.II and SR). If either school counts the scrimmage as a game, it must be counted as a game for programs, schools and/or teams.

Consecutive Days of Competition/Practice

A team must take one day off, from all physical activity, after six consecutive days of practice/competition. Teams may schedule nonphysical activity, such as film review, scouting reports, rehab, etc., during this off day.

Falsification of Information

If a student or a student’s parents or guardian falsify any information submitted to a school, and a student participates resulting in an order of forfeiture, the student becomes ineligible in all sports for one calendar year from the date of the last game or meet in which the student participated.(RE – Art.I, Sect.5)

Penalties for Violations

It should be noted most rules do not have a specific penalty associated with them. The WIAA has the authority, however, to impose the following penalties relative to rules violations:

- A. Suspension of membership for not more than one year.
- B. Probation for not more than one year.
- C. Denial of participation in Association tournament program.
- D. Denial of any area of Association services and benefits.
- E. Monetary fine equal to Association expense incurred in any investigation and actual reimbursement of costs resulting from the violation.
- F. Forfeiture (team sports) of contests won by school or (individual sports) of points/places won by individuals.
- G. Loss of conference affiliation.
- H. Loss of eligibility for athletes involved. (WIAA Constitution, Art.VI, RE – Art.1)