



# I-SCFAC



# PACKET

# 2018

445 S. Jackson St., Iola, WI 54945  
715-445-2411 ext. 1504  
~ [www.iola.k12.wi.us/fit/](http://www.iola.k12.wi.us/fit/) ~ Like us on Facebook

# Swim Lessons

Session 1: June 4<sup>th</sup> – 14<sup>th</sup>

Session 2: July 16<sup>th</sup> – 26<sup>th</sup>

Lessons are Monday-Thursday

## Registration Begins

### *I-S School District:*

Any time before May 16<sup>th</sup>

### *Members*

Wednesday, May 16<sup>th</sup>

### *Non-Members*

Thursday, May 17<sup>th</sup>

**Make checks payable to: "I-S Schools"**

Registrations with credit card will be taken over the phone beginning Monday, May 21<sup>st</sup>

I-S Students who participate in Summer School will have the opportunity to enroll in SUMMER Lessons FREE, as long as they are offered during Summer School times. See the I-S Summer School Packet.

**HINT:** Mail your registration before registration day. We will process them on the day you are eligible in the order that we receive them.

**PAYMENT**...is required at the time of registration. Please pay with cash, credit or check payable to "I-S SCHOOLS." Program fees are not prorated/ discounted after the beginning of the scheduled session. Registrations are not accepted after the second-class meeting. No partial refunds or make-ups for missed classes.

**\*\*\*Payments may be **MAILED or DROPPED OFF** however members will get priority before May 16th. Mailed or dropped off registrations will be processed in the order they are received. Please have a second choice for classes on the registration sheet. All mailed registrations will receive a phone call if they **DID NOT** get their first choice.**

**CLASS LIMITS**...All registrations are accepted on a "first-come" basis. Enrollment cannot be guaranteed, especially over the phone. IF YOU ARE TOLD WHEN YOU CALL THAT THERE ARE SPOTS AVAILABLE, THERE MAY NOT BE SPOTS AVAILABLE BY THE TIME YOU GET HERE. WE WILL NOT HOLD A SPOT! All swim classes will have a limit of 8 children.

#### **REGISTRATION PROCEDURES**

1. Complete the activity registration form in the back. You can register more than one family member on a form.
2. Refer to program information for proper amount and class number.
3. Bring form (already filled out) and fee to the FRONT DESK or MAIL it.
4. **REGISTRATIONS WITH CREDIT CARD WILL BE TAKEN OVER THE PHONE **BEGINNING** May 21<sup>st</sup>.**

**PROGRAM CANCELLATIONS**...Most classes or programs have a minimum number of persons required to run the activity. We will cancel a program and issue a full refund if there is not a sufficient number of participants registered to justify the expense of that activity.

**FINANCIAL ASSISTANCE**...If you are in need of financial assistance or would like to arrange a payment plan, call the facility director. Don't deny your child this opportunity. Accommodations can and will be made for all children.

**REFUND POLICY: NO REFUNDS.**

**MAKE-UP POLICY: WE DO NOT OFFER MAKE-UPS** for illness or conflicts with other activities.

**CANCELLATION POLICY:** To cancel a class you must withdraw at least **FIVE DAYS** prior to the beginning of class. If you withdraw from class, you will *not* receive a refund. **You will receive a credit for the amount you paid for the class less 10% cancellation fee. No credit will be issued if you withdraw from the class less than 5 days prior to the beginning of the class.**

**SCHEDULE CHANGE POLICY:** Schedule changes are subject to class/session availability. All changes must be made at least 5 days prior to the scheduled session. Please choose classes carefully.

**ILLNESS POLICY:** If your child is absent from class due to illness for **THREE CONSECUTIVE CLASSES** a credit will be issued when a note from his/her doctor is presented. **No credit will be issued without a note from the doctor.** The note must have the dates the child was not allowed to be in class.

**CREDIT POLICY:** Credits will be issued for extended illness (see illness policy above) and pool closures only. Credits will not be issued for conflicts with other activities or vacations.

**CREDITS:** *I-S Swim School* credits may be applied toward future swim lessons. They may not be used towards other programs or memberships (open swim, swim team, group exercise classes, etc.). Credits are non-transferable. **Credits are NOT redeemable for cash.**

**POOL CLOSINGS:** **The pool(s) will be closed for the following reasons:** 1. When a child vomits or has a bowel movement in the pool, the pool must be closed for sanitation, 2. Inclement weather – Please call the facility, listen to WDUX or look on our Facebook page. 3. If conditions in the pool(s) make it unsafe for students to be in the pool, the pool will be closed.

**MEMBER-NON-MEMBER:** *In order to receive the member price you need a current Annual or 6-Month membership.* A one month membership will not suffice.

# I-S SWIM SCHOOL INFORMATION

## SWIM LESSONS

**Class Fee: \$0 I-S Summer School**  
\$0 enrolled I-S School District  
\$25 members  
\$35 non-members

### Session 1: M-Th (1/2 hour lesson)

June 4<sup>th</sup> = 1<sup>st</sup> class  
June 14<sup>th</sup> = 8<sup>th</sup> class (last class)

### Session 2: M-Th (1/2 hour lesson)

July 16<sup>th</sup> = 1<sup>st</sup> class  
July 26<sup>th</sup> = 8<sup>th</sup> class (last class)

**Class Size Limit is 8**

**MISSING LESSONS** Occasionally, students may need to miss a lesson. There are no make up classes available for missed lessons and no refunds.

**PARENTS / GUARDIANS** In order to have your child's complete attention during their lesson, we request that parents and guardians view from the lobby area. Parents and guardians waiting with small children may use the meeting rooms or gym if they are available.

- ❖ If necessary, please accompany your child to the pool deck and wait with him/her until the instructor calls the class. After your child's class has been called, please leave the pool area.
- ❖ Please make sure your child is on the pool deck and ready **ONLY 5 minutes** before class begins. Children must sit on the bleachers and wait.
- ❖ Please teach your child to take a full-body shower before entering the pool area.
- ❖ Please NO shoes or strollers on the pool deck.
- ❖ Please bring clothes onto the pool deck or LOCK in a locker. Do not leave clothes on benches or the floor in the locker room. We are not responsible for lost or stolen articles.

**INSTRUCTOR'S ROLE** Your child's lesson instructor is their hands-on access to progressing through each station. Instructors are responsible for approving skills and completing the checklists. Instructors are trained thoroughly, go through pre-lesson training & meetings, and follow a prescribed lesson plan.

It is our intention to keep the same instructor with a class throughout a session. Although we attempt this, your child may not always have the same instructor. Our instructors are high school students with many other activities to fill their lives. We also employ an aide with each instructor. If an instructor needs a sub, the same aide should be with the class along with another instructor as their sub.

**SAFETY RULES** We strive to maintain the highest level of safety for you and your family. Please help us by following these guidelines:

- Enter the water only when the instructor is on deck and gives you permission.
- **All non-toilet trained children must wear a swim diaper.** Swim diapers are sold at the front desk for \$1.00.
- Do not allow your child to exit the pool area into the hallway when wet. The floor is very slippery. Please meet them on deck when their lesson is over.
- Please observe all pool rules.
- During open swim, parents must be in the water with children in the 3<sup>rd</sup> grade or under. When your child's lesson is over and you let them continue swimming because it is open swim and they do not meet the age requirement to swim alone, you must swim with them or get them out of the pool.

**Please do not sit  
on the pool deck  
during your  
child's lesson –  
Thank You!**

## The importance of fun & games:

Much of a child's early learning takes place while playing games. Images, games, and rhymes make up a child's natural ability to imagine and pretend while learning swimming-related skills.

The use of images, games, and rhymes can enhance a young child's willingness to participate and enjoy aquatic activities. It is important to keep swimming lessons motivating, challenging and fun.

## Weekend Swim Hours:

Friday 3:30-8 p.m.

Saturday 12:30-4:30 p.m.  
(all year round)

## RECREATION SCHOLARSHIP FUND

No person will be denied the benefits of a program at the Iola-Scandinavia Community Fitness & Aquatic Center due to financial limitation. Assistance is based upon the recipient's need, as determined by his/her parents, social agencies, schools, churches, or individuals who are aware of this need.

**ADD \$1 or MORE TO YOUR TOTAL FEES ON YOUR REGISTRATION FORM TO HELP PROVIDE FINANCIAL ASSISTANCE FOR INDIVIDUALS UNABLE TO AFFORD PROGRAM FEES.**

If you need assistance, please contact the Director for the Financial Assistance Application.

Nothing kills a program quicker than waiting until the last minute to register for it. At some point a decision must be made on whether to cancel the program due to lack of enrollment. Registering at the last minute may mean that the program has already been canceled.

**Classes are canceled only in the case of severe weather...**Classes are not rescheduled. Refunds will not be provided due to missed lessons or inclement weather. On days when the weather is questionable, you may call 715-445-2411, ext. 1504. If classes are canceled due to the weather, WDUX 92.7 will announce the cancellations. We will also post something on our Facebook page. If school is canceled due to the weather, the facility is also closed. We will make every attempt to make-up lessons however it is not always possible.

**A FEW RULES...**During open swim, parents must be in the water with children in the 3<sup>rd</sup> grade or under. When your child's lesson is over and you let them continue swimming because it is open swim and they do not meet the age requirement to swim alone, you must swim with them or get them out of the pool.

In order to have your child's complete attention during their lesson, we request that parents and guardians view from the lobby area. Parents and guardians waiting with small children may use the meeting rooms or gym if they are available.

### **CHECK IN AT THE FRONT DESK BEFORE THE LESSON BEGINS!**

- If necessary, **please** accompany your child to the pool deck and wait with him/her until the instructor calls the class. After your child's class has been called, **please** leave the pool area.
- **Please** make sure your child is on the pool deck and ready for class **ONLY 5 minutes** before class begins. Children **MUST** sit on the bleachers and wait. They may not swim.
- Please teach your child to take a **full-body shower** before entering the pool. It is best to have them shower just before class is to begin.
- Please **NO shoes or strollers** on the pool deck.
- Please **LOCK** clothes in a locker. **Do not** leave clothes on benches, in changing rooms, or on the floor in the locker room. This will prevent them from getting lost or wet.

## Session 1 – June 4<sup>th</sup> – 14<sup>th</sup> (Monday-Thursday)

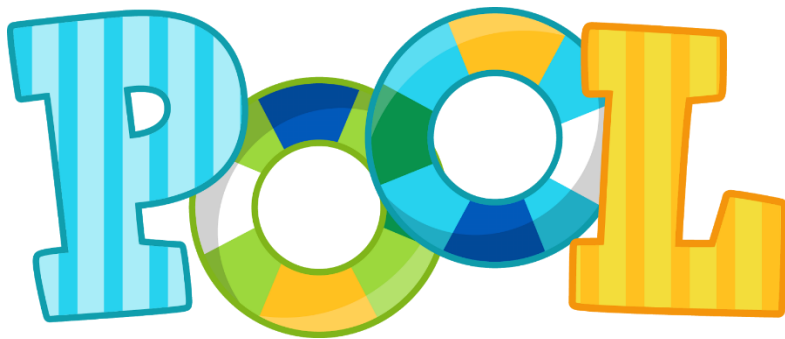
Time	Class	Class	Class	Class	Class
8:45-9:15am					
9:20-9:50am	Level 1 – Guppy #1GUP18A	Level 2 Minnow #1MIN18A	Level 3 – Seahorse #1SEA18A	Level 5 – Shark #1SHA18A	
9:55-10:25am					
10:30-11am	Tadpole #1TAD18A	Level 2 – Minnow #1MIN18B	Level 2.5 – Perch #1PER18A	Level 4 – Sting Ray #1RAY18A	Level 6 – Dolphin #1DOL18A
10:55-11:30am					
11:40-12:10pm	Level 2 – Minnow #1MIN18C	Level 1 – Guppy #1GUP18B	Level 2.5 – Perch #1PER18B	Level 3 – Seahorse #1SEA18B	
12:15-12:45pm	Tadpole #1TAD18B	Level 2 – Minnow #1MIN18D	Level 3 – Seahorse #1SEA18C	Level 4 & 5 – Sting Ray & Shark #1RAY-SRK18A	
4:15-4:45pm	Level 1 – Guppy #1GUP18C	Tadpole #1TAD18C	Level 2.5 - Perch #1PER18C	Level 3 – Seahorse #1SEA18D	
4:50-5:20pm	Tadpole #1TAD18D	Level 2 - Minnow #1MIN18E	Level 3 - Seahorse #1SEA18E	Level 4 & 5 – Sting Ray & Shark #1RAY-SRK18B	
5:25-5:55pm	Polliwog #1POLL18B	Tadpole #1TAD18E	Level 2.5 - Perch #1PER18D	Level 6 – Dolphin #1DOL18C	

## Session 2 – July 16<sup>th</sup>-26<sup>th</sup> (Monday-Thursday)

Time	Class	Class	Class	
8:45-9:15am	Tadpole #2TAD18A	Level 2 – Minnow #2MINN18A		Level 6 – Dolphin #2DOLP18A
9:20-9:40am	Level 1 - Guppy #2GUP18A	Level 2 – Minnow #2MINN18B		
9:45-10:15am	Tadpole #2TAD18B	Level 2.5 – Perch #2PERCH18A		
10:20-10:50am	Level 1 - Guppy #2GUP18B	Level 2.5 – Perch #2PERCH18B	Level 3 – Seahorse #2SEA18A	
10:55-11:25am	Level 2 – Minnow #2MINN18C	Tadpole #2TAD18C	Level 4 & 5 – Sting Ray & Shark #2RAY-SRK18A	
11:30-12:00pm	Tadpole #2TAD18D	Level 1 – Guppy #2GUP18C	Level 3 – Seahorse #2SEA18B	
12:05-12:35pm	Level 2 – Minnow #2MINN18D	Level 2.5 – Perch #2PERCH18C	Level 4 & 5 – Sting Ray & Shark #2RAY-SRK18B	
4:15-4:45pm	Level 1 – Guppy #2GUP18D	Tadpole #2TAD18E	Level 3 – Seahorse #2SEA18C	
4:50-5:20pm	Tadpole #2TAD18F	Level 2 - Minnow #2MINN18E	Level 4 & 5 – Sting Ray & Shark #2RAY-SRK18C	
5:25-5:55pm	Polliwog #2BABY18B	Tadpole #2TAD18G	Level 2.5 - Perch #2PERCH18D	Level 6 – Dolphin #2DOLP18B



<p><b><u>Polliwog – Parent Child (6 months – 3 yrs)</u></b>          -Climb in and out of pool          -Kick feet in water while sitting on pool edge          -Bring water to face with hands          -Dig in water using forward motion          -Blow bubbles in water          -Kick feet using a floating aide          -Hold breath 3 seconds          -Open eyes under water          -Front float with support          -Front float to parent/instructor          -Back float with support          -Jump to parent/instructor and submerge          -Child puts face in water to retrieve object          -Child jumps to parent/instructor and returns to edge using reaching motion</p>	<p><b><u>Guppies -Level 1 Review:</u></b>          -Enter and exit water by using side or jumping in          -Blowing bubbles thru mouth &amp; nose, 3 seconds          -Bobbing, 3 times in a row          -Retrieve a submerged object          -Front glide, 2 body lengths          -Front float, 3 seconds          -Back glide, 2 body lengths          -Back float, 3 seconds          -Kicking  <b><u>Drills (with flippers):</u></b>          -Head Lead          -Arm Lead          -Arm Lead with face in the water  <b><u>Exit Skills – Able to complete each skill with 75% proficiency:</u></b>          1. Front glide, 2 body lengths          2. Back glide, 2 body lengths          3. Float without support on front          4. Float without support on back          5. Swim underwater, not holding nose          6. Arm lead without help, but with flippers, for length of the plunge area (by waterslide)</p>	<p><b><u>Minnows - Level 2 Review:</u></b>          -Swim underwater without holding nose          -Arm lead          -Head lead  <b><u>Skills:</u></b>          -Enter &amp; exit the water by using the side or jumping in          -Bobbing &amp; safety bobbing          -Retrieve a submerged object, 2 times          -Front float, 5 seconds          -Jellyfish float, 5 sec          -Tuck float, 5 sec          -Back float, 10 seconds          -Back glide, 2 body lengths          -Front glide, 2 body lengths  <b><u>Drills (with flippers):</u></b>          -Arm Lead          -Shark Fin          -Stop, Stop, Switch          -Slide &amp; Glide  <b><u>Exit Skills – Able to complete each skill with 75% proficiency:</u></b>          1. Mastery of skills in review section          2. Slide &amp; glide (backstroke)          3. Swim underwater, not holding nose</p>	<p><b><u>Seahorses – Level 3 Review:</u></b>          -Swim underwater without holding nose          -Arm lead          -Shark fin          -Stop, stop, switch          -Slide &amp; glide  <b><u>Skills:</u></b>          -Enter &amp; exit water by using side or jumping in          -Bobbing while moving toward safety          -Retrieve a submerged object, 2 times          -Survival float on front for 30 seconds          -Back float for 30 seconds in deep water          -Kneeling dive          -Freestyle swim for 16 yards          -Breaststroke          -Scissors kick          -Breaststroke kick          -Treading water          -Elementary backstroke for 16 yards  <b><u>Drills (with flippers):</u></b>          -Arm lead          -Shark fin          -Stop, stop, switch          -Slide &amp; glide          -Triple switch          -Combo  <b><u>Exit Skills – Able to complete each skill with 75% proficiency:</u></b>          1. Mastery of skills in the review section          2. Motion/idea of the breaststroke          3. Kneeling dive          4. Able to keep head above water while treading water</p>	<p><b><u>Sting Rays – Level 4 Review:</u></b>          -Kneeling dive          -Breaststroke drills          -Arm lead          -Shark fin          -Stop, stop, switch          -Slide &amp; glide  <b><u>Skills:</u></b>          -Feet-first surface dive, submerge          -Survival swimming in deep water, 30 sec          -Retrieve submerged object, 2 times          -Freestyle, 25 yards          -Backstroke, 25 yds          -Scissors kick          -Elementary backstroke, 25 yards          -Introduce sidestroke          -Introduce dolphin kick (with flippers)          -Treading water, 2 minutes          -Breaststroke, 25 yds          -Standing dive  <b><u>Drills (without flippers):</u></b>          -Arm lead          -Shark fin          -Stop, stop, switch          -Slide &amp; glide          -Triple switch          -Combo  <b><u>Exit Skills – Able to complete each skill with 75% proficiency:</u></b>          1. Mastery of skills in the review section          2. Feet-first surface dive          3. Treading water, 2 minutes          4. Breaststroke, 25 yards          5. Freestyle, 25 yards (without flippers)          6. Backstroke, 25 yards (without flippers)</p>	<p><b><u>Sharks – Level 5 Review:</u></b>          -Standing dive          -Breaststroke          -Arm lead          -Shark fin          -Stop, stop, switch          -Slide &amp; glide          -Triple switch          -Combo  <b><u>Skills:</u></b>          -Shallow-angle dive from the side          -Shallow-angle dive and begin and front stroke          -Tuck surface dive, submerge completely          -Pike surface dive, submerge completely          -Freestyle, 50 yards          -Backstroke, 25 yards          -Elementary backstroke, 50 yards          -Introduce butterfly          -Sidestroke, 25 yards          -Treading water, 5 min.  <b><u>Exit Skills – Able to complete each skill with 75% proficiency:</u></b>          1. Mastery of skills in review section          2. Feet-first surface dive          3. Treading water, 5 minutes          4. Perform a shallow-angle dive into deep water, swim front crawl for 50 yards and swim elementary backstroke for 50 yards          5. Swim breaststroke for 25 yards and swim backstroke for 25 yards</p>	<p><b><u>Dolphins – Level 6 Review:</u></b>          -Standing dive          -Feet-first surface dive          -Freestyle, 50 yards          -Backstroke, 25 yards          -Breaststroke, 25 yards          -Elementary backstroke, 50 yards          -Treading water, 5 minutes  <b><u>Skills:</u></b>          -Enter water using stride jump          -Enter water using compact jump          -Shallow-angle dive from the side          -Sitting dive          -Kneeling dive          -Standing dive          -Tuck surface dive, touch the bottom of the pool at 10 feet deep          -Pike surface dive, touch the bottom of the pool at 10 feet deep          -Freestyle, 100 yards          -Backstroke, 50 yards          -Breaststroke, 50 yards          -Elementary backstroke, 100 yards          -Sidestroke, 50 yards  <b><u>Exit Skills Assessment:</u></b>          1. Mastery of skills in review section          2. Swim 500 yards continuously using any 3 strokes of your choice, swimming at least 50 yards of each stroke</p>
<p><b><u>Tadpoles Water Orientation (Ages 3-5)</u></b>          -Enter and exit water by stepping or jumping in from side          -Blow bubbles thru mouth and nose, 3 seconds          -Bobbing 3 times in a row          -Becoming more comfortable moving in and going underwater          -Retrieving a submerged object          -Back/front float with assistance          -Back/front float kick with assistance          -Submerge mouth, nose &amp; eyes          -Moving arms on front and back  <b><u>Exit Skills – Able to complete each skill with 75% proficiency:</u></b>          1. Comfortable entering &amp; moving in the water          2. Going underwater          3. Retrieving a submerged object          4. Floating on front (with assistance)          5. Floating on back (with assistance)          6. “Swimming” on front (with assistance)          7. “Swimming” on back (with assistance)</p>		<p><b><u>Perch (lap pool) - Level 2.5 Review:</u></b>          -Swim underwater without holding nose          -Arm lead          -Head lead  <b><u>Skills:</u></b>          -Enter &amp; exit the water by using the side or jumping in          -Bobbing &amp; safety bobbing          -Retrieve a submerged object, 2 times          -Front float, 5 seconds          -Jellyfish float, 5 sec          -Tuck float, 5 sec          -Back float, 10 seconds          -Back glide, 2 body lengths          -Front glide, 2 body lengths          -Introduce treading in shoulder deep water          -Finning arm action on back  <b><u>Drills (with flippers):</u></b>          -Arm Lead          -Shark Fin          -Stop, Stop, Switch          -Slide &amp; Glide  <b><u>Exit Skills – Able to complete each skill with 75% proficiency:</u></b>          1. Mastery of skills in review section          2. Mastery of Level 2 skills          3. Slide &amp; glide (backstroke)          4. Swim underwater, not holding nose</p>				



# Swim Team News...



## Youth Introductory to Swim Team:

~Are you interested in joining the swim team, but would like more information on it? Join us in May for an Introductory to Swim Team Clinic. We will introduce the four competitive strokes and parents will learn about practice schedules, costs, competition schedules and the summer program. This Clinic will be taught by Coach Lee Platta.

~ *The summer swim team practice will begin June 4<sup>th</sup>.*

## Open to Boys and Girls 1<sup>st</sup>-3<sup>rd</sup> Grade:

Monday, May 14<sup>th</sup> from 6 -7pm.

~ \$5 to reserve a spot in the pool.

### Cost:

	<u>Members</u>	<u>Non-Members</u>
1 child:	\$110	\$135
2 children:	\$160	\$185
3 children:	\$210	\$235
4+ children:	\$260	\$285



Fee and registration form must be turned into ISCFAC front desk by Friday, May 11<sup>th</sup>.

**Please use the registration form on the next page.**





# REGISTRATION FORM (ONE FORM PER HOUSEHOLD)

Make checks payable to "I-S Schools"

(Parent/Guardian) **FIRST/LAST NAME** \_\_\_\_\_

**STREET** \_\_\_\_\_ **CITY** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**PRIMARY PHONE** \_\_\_\_\_ **SECONDARY PHONE** \_\_\_\_\_

**EMAIL** \_\_\_\_\_ Would you like to be added to our email list? Y or N

**SPECIAL CONSIDERATIONS (Medications, disabilities, etc.):** \_\_\_\_\_

**ENROLLED in Iola-Scandinavia School District: YES** \_\_\_\_\_ **NO** \_\_\_\_\_

PARTICIPANT'S FIRST NAME (Last name if different than above)	M/F	AGE	GRADE	LEVEL	CLASS # (#1MIN18A)	CLASS TIME	FEE

**LIABILITY INFORMATION:** You should be aware that Iola-Scandinavia Community Fitness & Aquatic Center programs involve an element of risk or danger for all participants and may cause serious injury, death or property loss. The Iola-Scandinavia Community Fitness & Aquatic Center and the Iola-Scandinavia School District does not provide nor cover any medical or hospital insurance for participants in our programs. All persons participating in Iola-Scandinavia Community Fitness & Aquatic Center sponsored activities must provide their own insurance and assume risk of all injuries.

**MARK UP FOR THE RECREATION SCHOLARSHIP FUND!**  
 Add \$1 or more to your total fees to help provide financial assistance for individuals unable to afford program fees.  
*Thanks for supporting the RECREATION SCHOLARSHIP FUND  
 And your community!*



<b>Sub-Total</b>	
<b>MARK UP Optional</b>	
<b>FINAL Total</b>	

**ADULT SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

I have read & I agree to indemnify and hold harmless the Iola-Scandinavia Community Fitness & Aquatic Center from any & all claims. By signing above I agree that I have read and understand and will abide by the above Learn-to-Swim policies.

**IOLA-SCANDINAVIA COMMUNITY FITNESS & AQUATIC CENTER**  
**445 JACKSON ST., IOLA, WI 54945**  
 (716) 445-2411, EXT. 317

<b>For Office Use Only:</b> Date: _____ Staff Initials: _____ Amt. pd. _____ Payment made by: <input type="checkbox"/> cash <input type="checkbox"/> check # _____ <input type="checkbox"/> credit card
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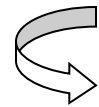
Circle One:

Complete the following if using a credit card: Card # \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Cardholder Name (please print): \_\_\_\_\_ Zip Code: \_\_\_\_\_ CVC#: \_\_\_\_\_

Authorized Signature: \_\_\_\_\_

Email (receipt will be sent to): \_\_\_\_\_



This information will be shredded after the credit card has cleared.

# Glacier Wood Junior Golf Program Sign-Up

Golfers Name(s) \_\_\_\_\_ Age: \_\_\_\_\_  
\_\_\_\_\_ Age: \_\_\_\_\_  
\_\_\_\_\_ Age: \_\_\_\_\_

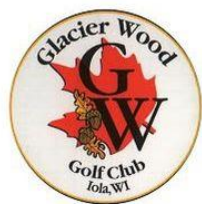
Need Golf Clubs? Yes or No (no charge) If yes: Right or Left handed

Parent or Guardian: \_\_\_\_\_

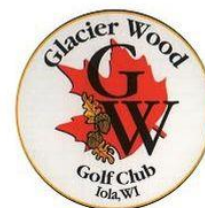
Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

**Please mail session fee along with sign-up sheet to:  
Glacier Wood Golf Club  
P.O. Box 221  
Iola, WI 54945**



## 2018 Glacier Wood Golf Club Junior Golf



**The junior golf program is NOT affiliated with the Iola-Scandinavia Community Fitness and Aquatic Center**

Sign up today for Glacier Wood Junior Golf Lessons!!  
Instruction will be provided by Andrew Harvey and his staff

Fee: \$20 per golfer  
Includes range balls, lessons, prizes and a cook – out

### Dates for the Junior Golf Program:

Tuesday, June 19<sup>th</sup> – Introduction to fellow students and the game of golf  
Tuesday, June 26<sup>th</sup> – Short game – Learning how to chip, pitch and putt  
Tuesday, July 3<sup>rd</sup> – Driving range time practice – mid irons and drivers - Etiquette  
Tuesday, July 10<sup>th</sup> – Golf will be played in a friendly competitive atmosphere followed by a burger and chips lunch! Golf will begin at 9:30AM and lunch will begin at 12PM

### Age Groups and Session Times:

7 – 10 years old 8:30am – 9:45am  
11 – 16 years old 10:00am – 11:15am



# POUND®

ROCKOUT. WORKOUT.

Instead of listening to music become the music while getting a Rockin' Workout!

ISCFAC will be offering a Pound class for kids currently in grades 1st – 5th.

This class will meet on Mondays and Wednesdays for two weeks from 1-1:30pm June 4-13th. Last class will feature a Glow Pound, which will include glow paint, black lights and snacks. Instructed by Cheryl Ziemann and Jayden Podgorny

Cost: \$15.00 (5 person minimum)

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone Number: \_\_\_\_\_

Circle: Male or Female      Age: \_\_\_\_\_

Grade: (as of 2017-2018 school year): \_\_\_\_\_

Please return this portion to  
ISCFAC front desk by  
Friday, May 25<sup>th</sup>  
POUND Clinic

715-445-2411 ext. 1504  
445S. Jackson St.  
Iola, WI 54945

**FOR OFFICE USE ONLY:**

Date: \_\_\_\_\_ Cash   Credit Card or Check      Staff Initials: \_\_\_\_\_

